Blue Collar Grit
www.bluecollargrit.com
bluecollargrit@gmail.com

Team Building

Me Too!

Self-Awareness - 20 min

The Obstacle

- Individual over team goals
- Avoiding conflict
- Marginal commitment & effort
- Not valuing teammate's contributions
- Managing status
- Negative attitudes & body language

The Delivery

Discussion & Reflection

The Way

Introduction

- Ask: When you meet someone for the first time, what do you usually do? What do you talk about? What questions do you ask? Why do you ask those questions?

Lesson

- Show a series of pictures and discuss the differences in each picture.
    - https://www.brainfans.com/brain-teaser/picture-logic-puzzle/11/what-do-the-pictures-have-in-common
- Show the same series of pictures and share what the pictures have in common.
- Which was easier to do? Why?
- Finish with a picture of 2 team members with different backgrounds and experiences.
- Allow each to share information about themselves if necessary, then discuss what they have in common.
- Have team members pair up and give them 1:00 to identify as many things as possible that they have in common with each other - eliminate obvious things like two eyes, hair, 10 fingers and toes, etc.
- Repeat with 4 other team members for a total of 5:00.
- Allow team members to share with the group who they found they have the most things in common with.

The Follow-up

1. Continue the exercise so all team members find commonalities with each other
2. Allow time for follow-up discussions and sharing for high connection team members