Credit

Brett Ledbetter, What Drives Winning

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Team Building

Forget It Button

Self-awareness - 10 min

The Obstacle

- Individual over team goals
- Avoiding conflict
- Marginal commitment & effort
- Not valuing teammate's contributions
- Managing status
- Negative attitudes & body language

The Delivery

Discussion & Reflection

The Way

Introduction

- Ask: What would you think if you were watching a football game, or any sport, and noticed a player that was always the first player up off the ground - every time, over and over, no matter what? Good call, bad call - didn't matter. Fans cheering or booing - didn't matter. Everytime, just right back in the action.

Lesson

- Next Play Mentality
  - What are the benefits of moving to the next play?
  - Are we better when we move to the next play immediately?
- What are characteristics of people that do NOT move on?
- What are characteristics of people that DO move on?
- How can we train ourselves to do this?
  - Imagine you have a button on your left chest with an "F" on it. When you make a mistake, push the "Forget It" button and immediately move on to the next play.
  - Playing green ideas - wristband, dot on hand, marker
- Show 'So What, Now What' video
  - https://youtu.be/GvuF-Y3SpSg

The Follow-up

1. What is something we could commit to as a team? What impact would it have on our team culture? How would we be sure to do it every time?