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**Project Proposal**

# Entitlement Ratio

**Building Trust - 15 min****The Obstacle**

- Individual over team goals
- Avoiding conflict
- Marginal commitment & effort
- Not valuing teammate's contributions
- Managing status
- Negative attitudes & body language

**The Delivery**

Discussion &amp; Reflection

**The Way**

Introduction

- Gratitude - the quality of being thankful; readiness to show appreciation for and return kindness; foundation in humility and what we have
- Entitlement - the right to something; foundation in pride and what we don't have

**Lesson**

Each team member should write their responses to each of the questions below.

Share answers with the team or small group.

- What are you grateful for?
- What do you notice you feel entitled to?
- What is your Gratitude:Entitlement ratio?
- What are 2 things you can do today to be more grateful?

**The Follow-up**

1. Thankful Journals - write 3 daily
2. Thankful Thursday - call or text someone you are thankful for and tell them why

**The Bonus**First World Problems video - [https://youtu.be/fxyhfiCO\\_XQ](https://youtu.be/fxyhfiCO_XQ)

"When I was young we opened the door and let them run out. They crept & came home. Nowadays dogs are all raised with this sense of entitlement."